

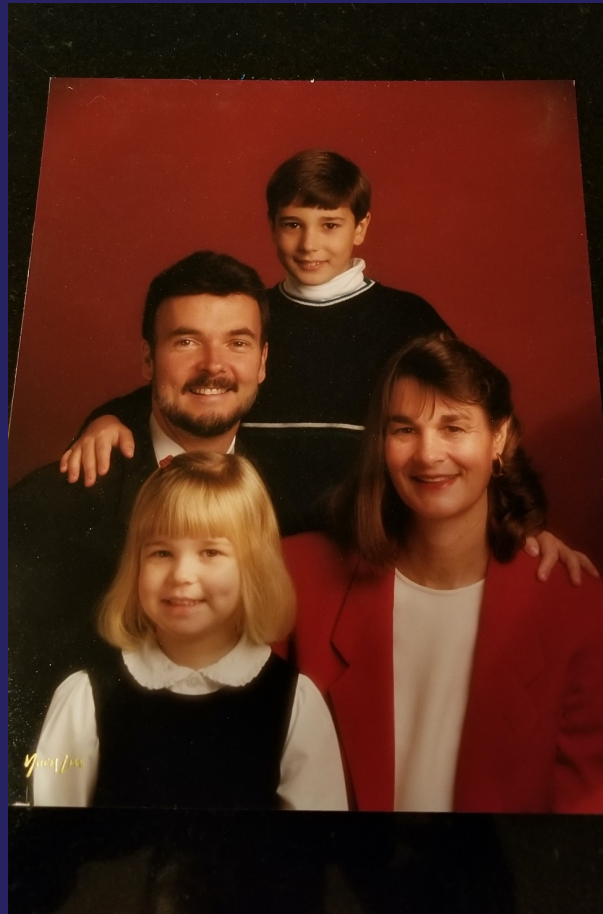
# Parenting/Grandparenting Today with Tomorrow in Mind!

**Dennis J. Trittin, CFA**  
**President and CEO**  
**LifeSmart Publishing, LLC**

*Before I got married, I had six theories  
about bringing up children; now I have  
six children and no theories.*

**~John Wilmot**

# Back in the day...



**PARENTING**  
— for the —  
**LAUNCH**

What I  
**Wish**  
**I Knew**  
at **18**

# Houston, we have a problem

- The US college completion rate in *six* years at *four*-year schools is a mere 59%
- Only 78% of first-year college students return to their university for their sophomore year
- 40% of college grads regret their major
- Demand for mental health services on campuses is soaring, especially for anxiety and depression
- Young adults are frustrated by the lack of practical skills training
- Parents everywhere are struggling with letting go



# What Employers Say They're *Getting*

- Entitlement mentality
- Poor work ethic and motivation
- Unreliability
- Lack of social skills and professionalism
- Disrespect
- Fear of failure; difficulty handling feedback

NOW HIRING  
MUST HAVE  
A CLUE



# Which Parenting Endgame?



vs.



**PARENTING**  
— for the —  
**LAUNCH**

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# Helicopter Parenting



**PARENTING**  
— for the —  
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# From *Helicopter Parent* to...

**Low Self Confidence**

**Co-dependence**

**Poor Problem Solving**

**Weak Resilience**

**Lack of Motivation**

**Resentment**

# Performance Parenting



**PARENTING**  
— for the —  
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# From *Performance Parent* to...

**Worthlessness**

**Anxiety**

**Isolation**

**Depression**

**Fear of Failure**

**Resentment**



# Permissive Parenting



# From *Permissive Parent* to...

**Entitled**

**Self Absorbed**

**Disrespectful**

**Immature**

**Unmotivated**

**Pleasure Addicted**

# The End Result



# Preparing Them to Tackle the World



*"The greatest gifts you can give your children are the roots of responsibility and the wings of independence."*

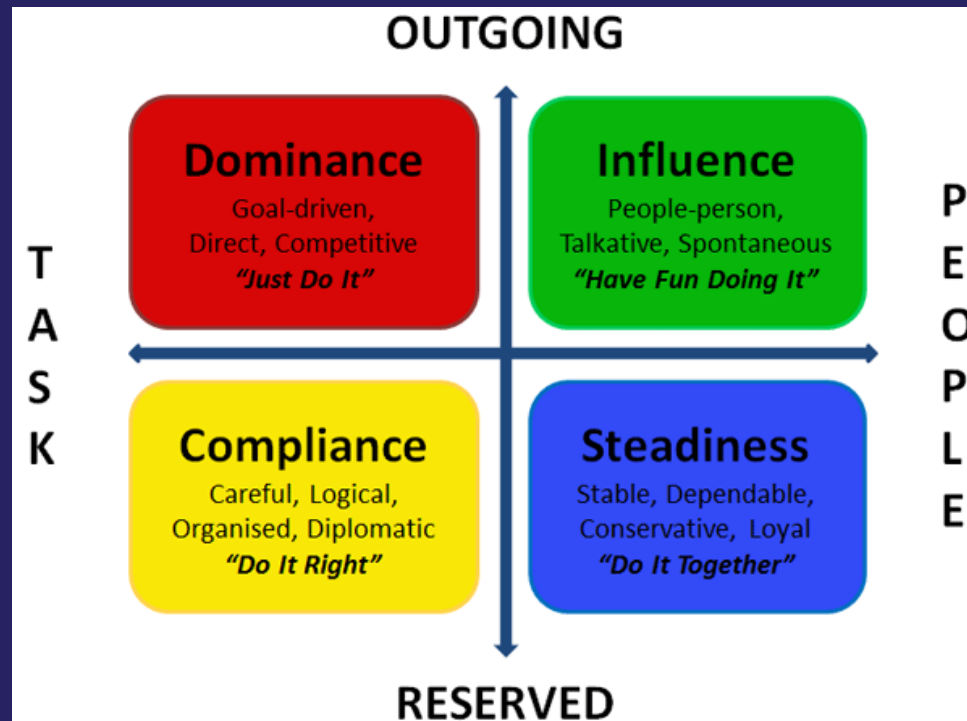
~Denis Waitley



# Empowered Parenting

- Philosophy and Mindset
  - Raising a future adult to fulfill dreams & purpose
  - Set goals and strategically parent
  - Incrementally release control
- Adaptive Communication
  - Move from driver to passenger
  - Know your audience and land your messages
- Training for independence

# Personality Influences Parenting



[www.123test.com](http://www.123test.com)



# Communication Strategies

- Remember these top motivators...
- Stay calm and remember you were a kid once
- Enter their world and have fun!
- Meet them where they are
- More “share with,” less “talk to”
- Enlist positive third-party voices
- When trust is broken or relationships are strained, remember FLPP

# CORE VALUES

Integrity

Kindness

Respectfulness

Helpfulness

Unselfishness

Responsibility

Humility

Gratefulness

Determination

Patience



# What Employers are Seeking



# Life Skills

- Household chores
- Cleaning
- Cooking and mealtime help
- Money and smart shopping
- Laundry
- Landscaping/yard work
- Applications and appointments
- Manners

# Self Awareness

- Interests
- Purpose and passion
- Aptitudes and assets
- Values
- Personality
- Settings
- Worldview

# Who Does Your Child See in the Mirror?



# Parenting Verbs to Start Your Day and Bless Your Child

Inspire

Empower

Encourage

Understand

Affirm

Value

Engage

Enjoy

Coach

Believe



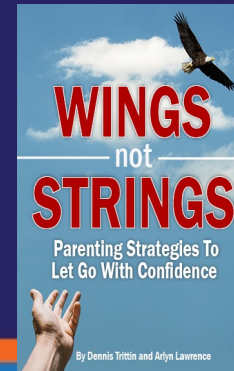
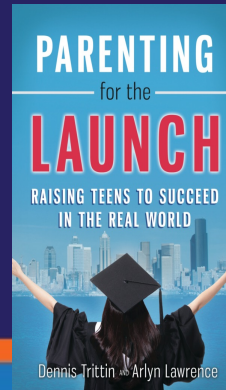
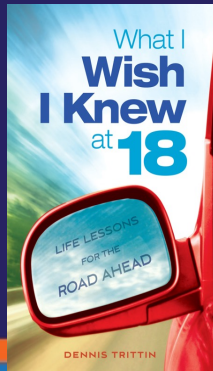
# Creating a Positive Home Environment

- Manageable pace and balance
- Positivity, mutual respect, and core values
- Prioritize family meals/bedtime bonding
- Teamwork, engagement, and open communication
- Play and fun
- Books, nature, and creative arts

# LifeSmart Publishing, LLC

## *Versatile Resources for Families*

- *What I Wish I Knew at 18: 109 success pointers for teens*
- *Parenting for the Launch: Game plan and strategies to build strong relationships and position teens for life success*



PARENTING  
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# The Prize that Awaits

[BACK TO COLLECTION](#)

## THE TRITTIN FAMILY 2023

BY LIEBROCK PHOTOGRAPHY



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LAUNCH

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