

Equip Them to *Thrive*, Not Just Survive

Dennis J. Trittin, CFA
President & CEO
LifeSmart Publishing, LLC



What I
Wish
I Knew
at **18**

Houston, we have a problem

- The US college completion rate in **six** years at **four**-year schools is a mere 59%
- Only 78% of first-year college students return to their university for their sophomore year
- 36% of college grads regret their major
- Demand for mental health services on campuses is soaring, especially for anxiety and depression
- JAG students are even more vulnerable due to lack of modeling, vision, hope, and networking
- We need to help them thrive, not just survive

**Every student has a unique
design and destiny ...**

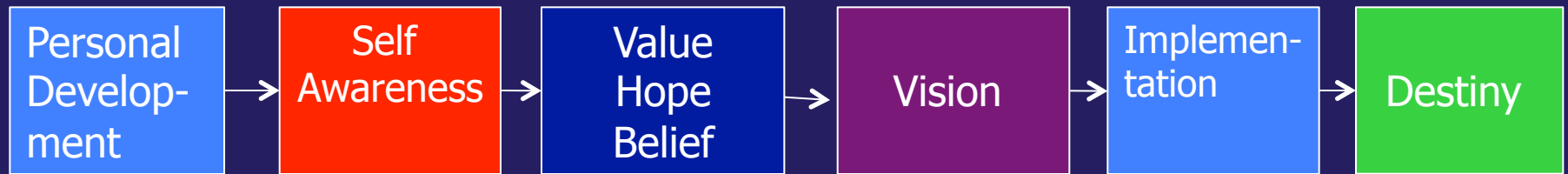
Will they achieve it?



Or miss it?



The Pathway to Destiny

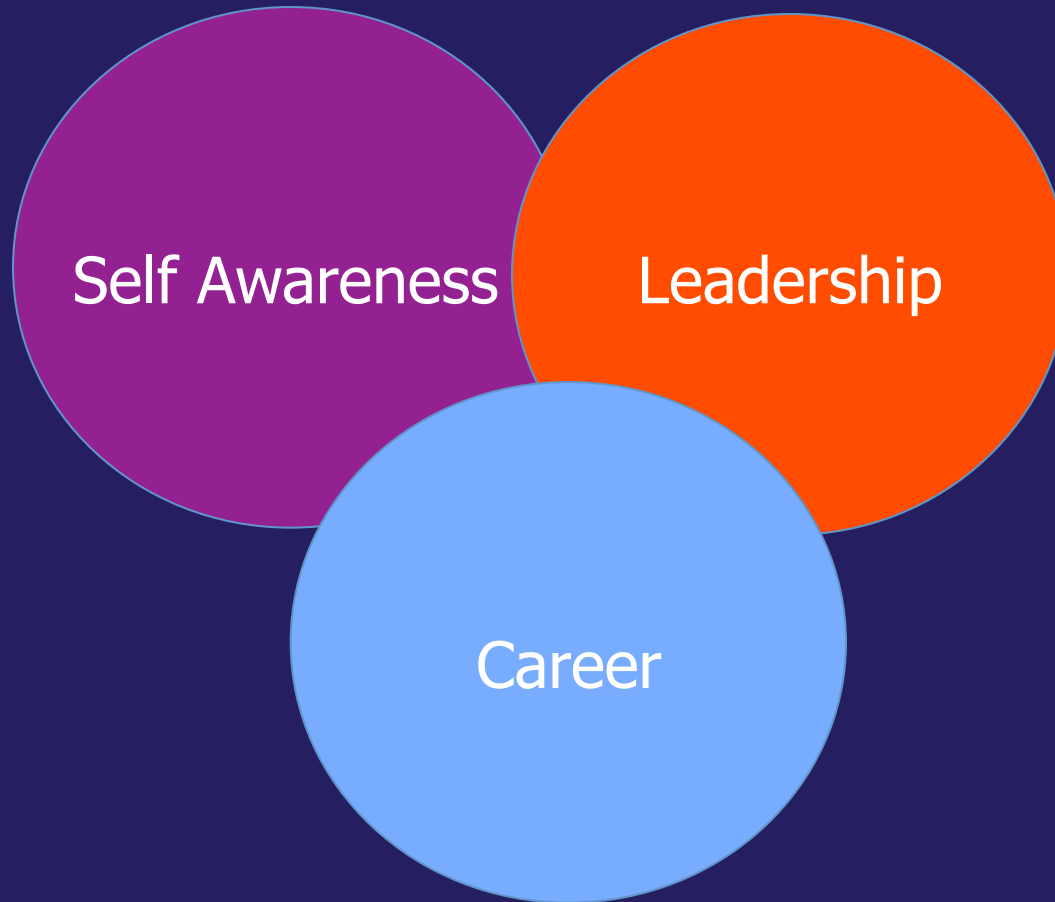


Desired Student Outcomes



- Solid leadership and decision-making skills
- Deeper self awareness
- A greater sense of value, hope, and belief
- A positive vision and roadmap for their lives
- Positioning for career and life success

Curricular Vision



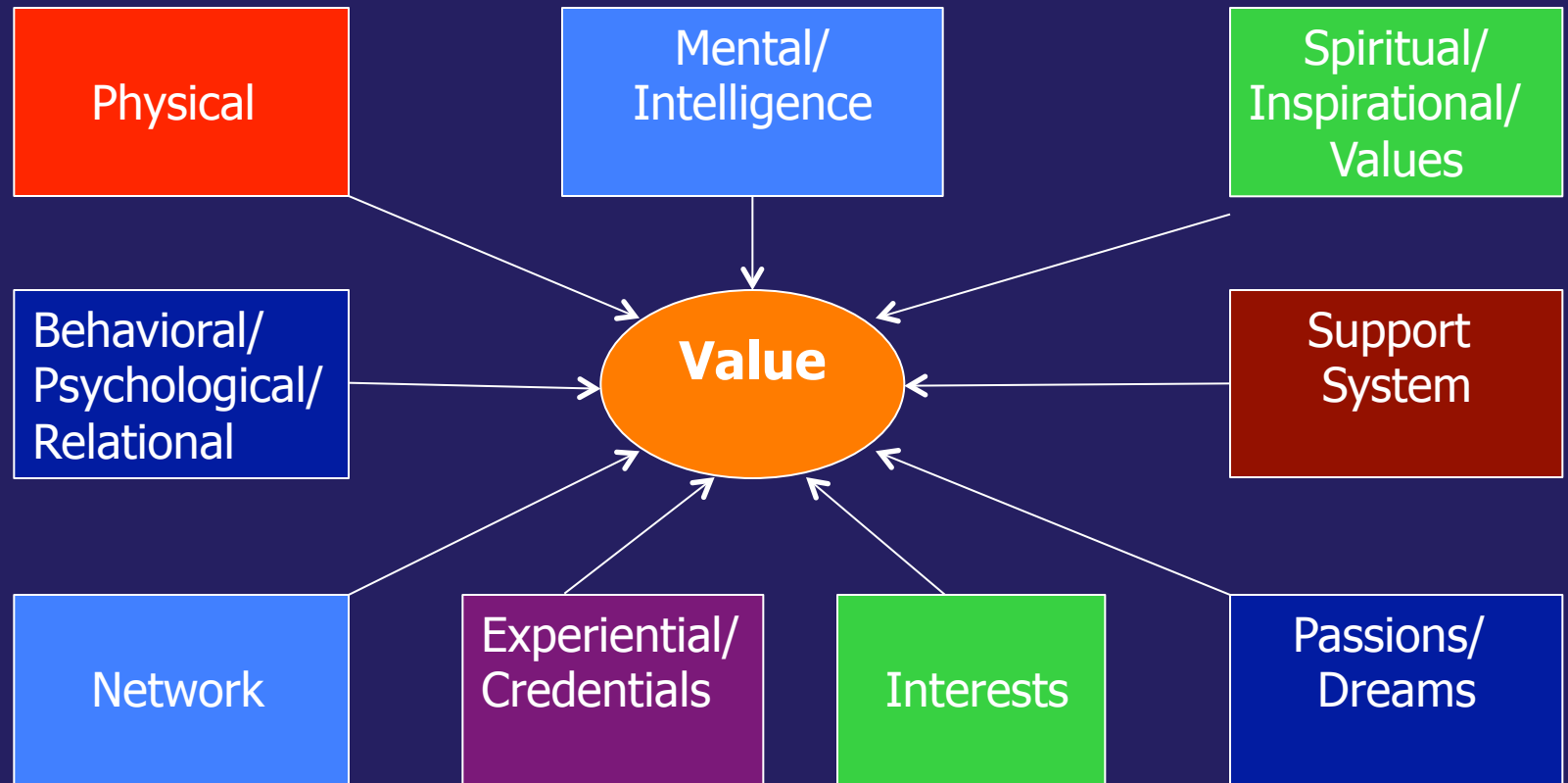
Curricular Vision



Facilitating Self-Awareness



Unlocking Assets, Revealing Value



Constraints

- “Contra assets”
- Fear of failure
- Lack of self confidence and sense of worth
- Guilt, shame, and discouragement
- Adverse childhood experiences
- Unhealthy modeling
- *Remember, today’s constraint may become tomorrow’s inspirational asset!*

Mining Your Treasure



http://www.dennistrittin.com/resources/PersonalBalanceSheet_05-15.pdf

Personal Balance Sheet

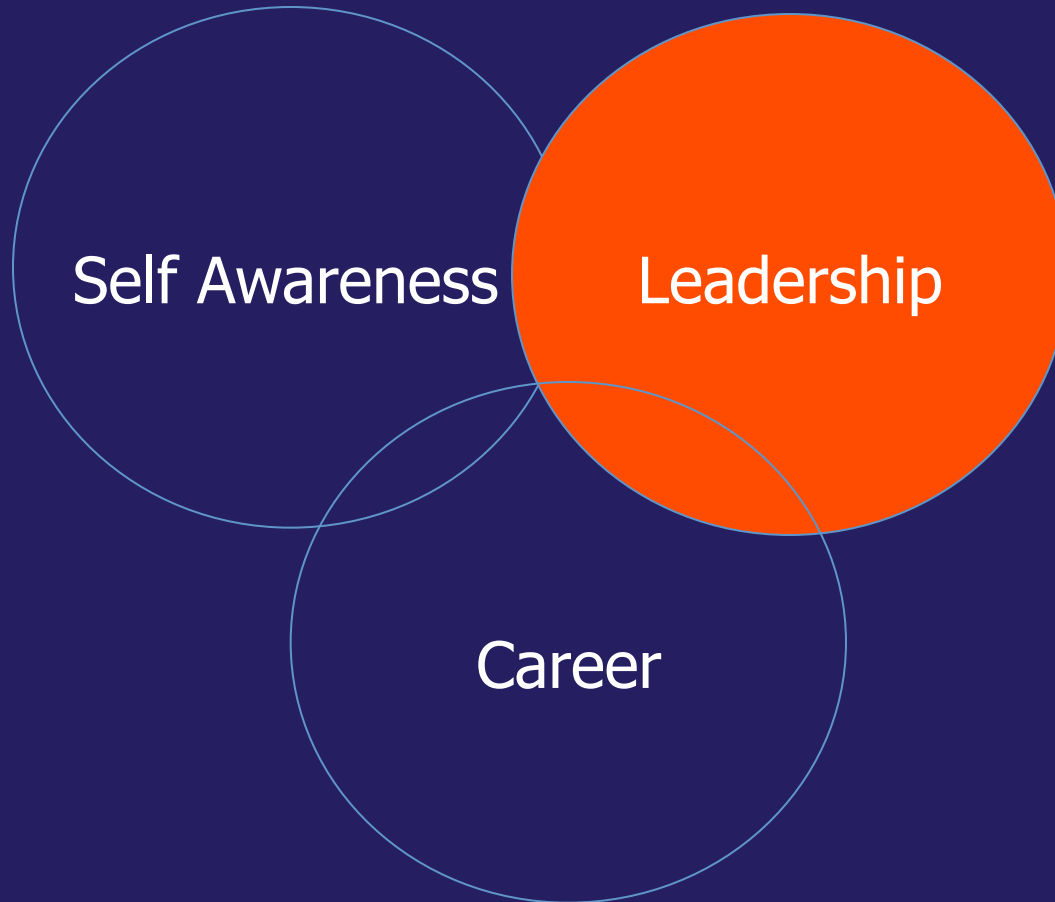
- Facilitates **holistic** self discovery by identifying assets and constraints
- Inspires hope and vision for the future
- Provides a game plan for personal growth
- Includes perspectives from self and others
- Inspirational, revelational, relevant, and fun!

Sample Lesson

Mine Your Treasure

p. 125/55

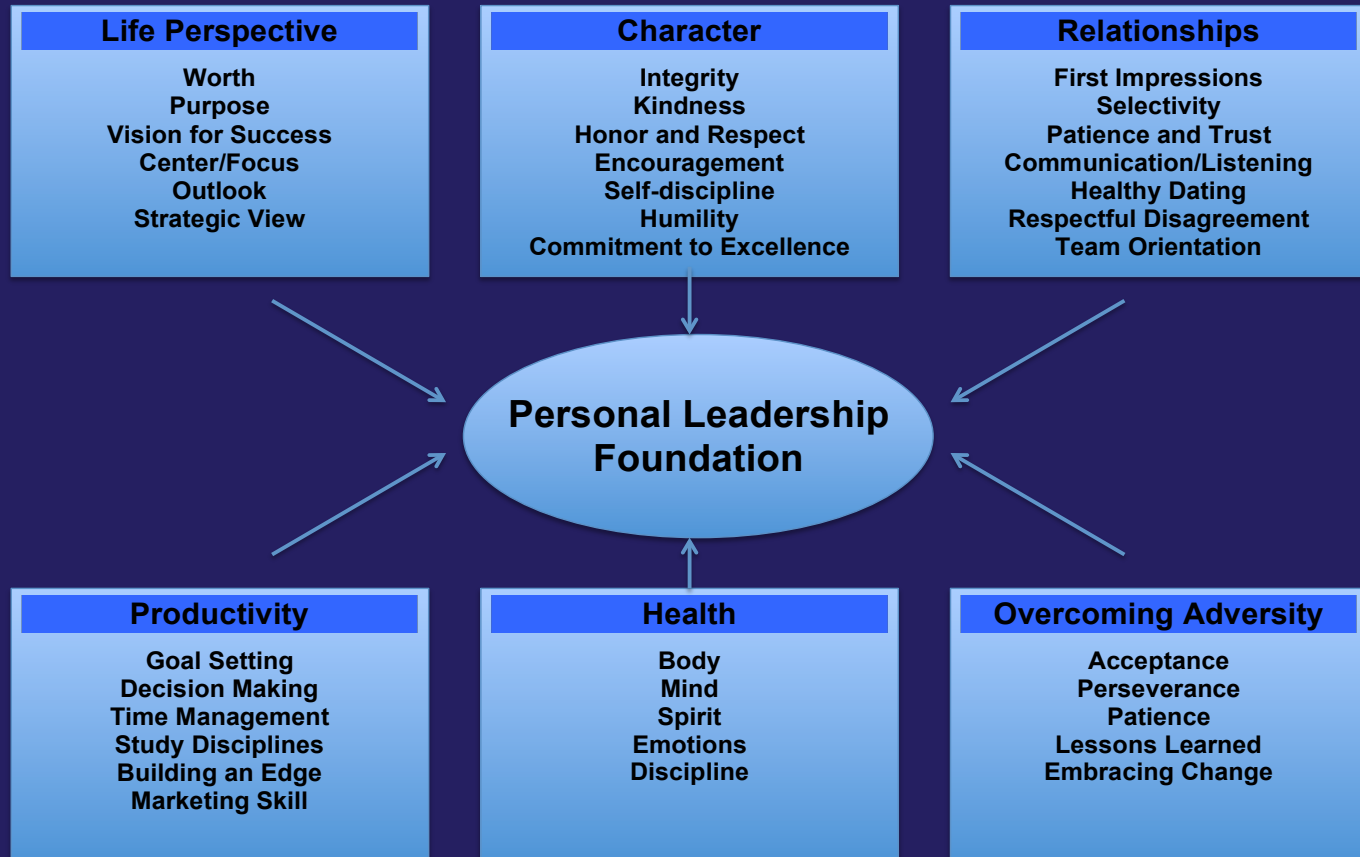
Curricular Vision



"Leadership is action, not position."

~Donald H. McGannon

Establishing a Personal Leadership Foundation





Strategic Perspective and Focus

- *Discover Your Purpose and Inspiration*
- *Don't Define Success by Riches*
- *Plan, Practice, and Persevere to Succeed*
- *Take Risks, Even if you Might Not Succeed*



Character and Ethics

- *Preserve Your Reputation and Integrity*
- *Give Everything Your Best*
- *Embrace Constructive Feedback*
- *Be an Encourager and Always Look for the Best in People*



Relationships and Communication

- *First Impressions Are Huge*
- *Be Inquisitive When Meeting Others*
- *Connect with People Who Share Your Interests and Values*
- *Steer Clear of Destructive People*
- ***How*** You Say it Can Matter More than ***What*** You Say



Personal Productivity and Discipline

- *Set and Periodically Assess Your Goals*
- *Become a Masterful Decision Maker*
- *Time Is Precious—Use it Wisely*
- *Don't Let Technology Control Your Life*



Overcoming Adversity

- *Recognize Adversity is a Fact of Life*
- *Understand Adversity Can be Preparation for Greater Things & Often Makes Sense Later*
- *Take Charge of Worries & Release Your Pain*
- *Take Seemingly Insurmountable Challenges One Step at a Time*

Leadership Themes

Self Awareness
Vision
Intentionality
Personal Brand
Positivity
Productivity

Resilience
Communication
Relationship Building
Other Centeredness
Balance

Sample Lesson

Adversity Can Be Preparation for Greater Things: p. 128/104

Curricular Vision





Career Readiness Components

- Exploring
- Qualifying
- Marketing
- Excelling

MVP Strategy One:

Model the qualities employers value



Here's what they want...



What Employers Say They're *Getting*

- Entitlement mentality
- Unreliability
- Poor social skills and manners
- Disrespect
- Fear of failure; difficulty handling feedback
- Distractibility

NOW HIRING
MUST HAVE
A CLUE



MVP Strategy Two:

Deliver EXCELLENT performance



Performance Appraisal—Abbreviated Sample

GOALS	Weighting	Rating
Goal 1: Description/Review	XX%	1-5
Goal 2: Description/Review	XX	1-5
JOB PERFORMANCE		
Quality of Service	XX	1-5
Productivity	XX	1-5
Teamwork	XX	1-5
Client/Business Relations	XX	1-5
Communication	XX	1-5
Attitude	XX	1-5
OVERALL RATING	100%	X.X

MVP Strategy Three:

**Contribute to your
employer's success**





Marketing

- Searching for available positions
- Building your network of ambassadors
- Inventorying your skills and edge
- Developing effective written documents
- Mastering the interview and follow up
- Secret tip: the best interview question

Sample Lesson

Learn to persuasively market yourself

P. 90/173

College & Career Readiness

Affirmation

Hope and Belief

Life Skills

Leadership

Wisdom

Encouragement

Relationship

Modeling

Commitment

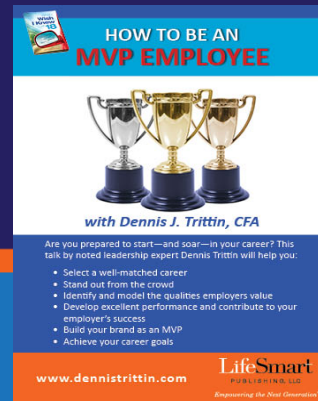
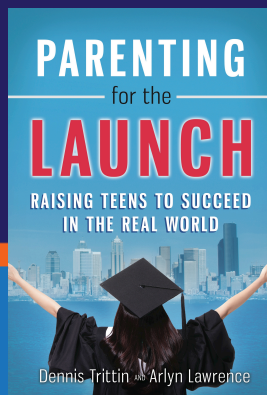
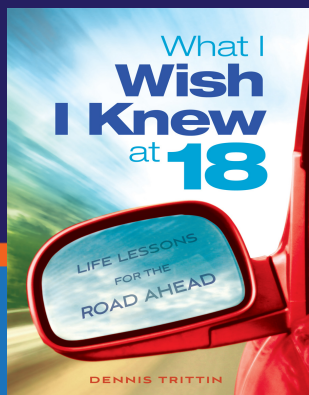
Fun



LifeSmart Publishing, LLC

Versatile Resources for Educators, Counselors, Mentors, and Families

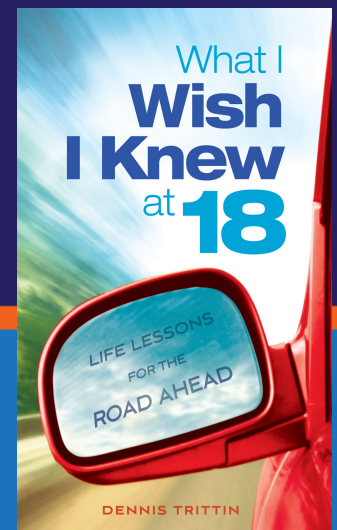
- *What I Wish I Knew at 18*: 109 success pointers for teens
- *Student Guide*: comprehensive Ldrship & Life Skills program
- *Parenting for the Launch*: Game plan and strategies to build strong relationships and position teens for life success



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A Closer Look at WIWIK@18

- Comprehensive vision for successful living
- Personal leadership and soft skills
- Wisdom for key decisions based on the practices of admired, successful leaders
- Relational learning supported by clinical research on what teens need to thrive
- Conversationally and universally written for young and old alike



About our Resources

- Generally for upper high school grades but easily adapted to lower grades
- Used as a core or as supplements
- **Custom training manual for JAG application; numerous PBL opportunities**
- High level of flexibility for facilitators
- Invaluable, relevant, and interactive content
- Targets key concepts that promote life readiness

Distinctions

- Fulfills:
 - 23 of Search Institute's 40 Developmental Assets[®],
 - 14 of Key Workplace Readiness Skills (VA), and
 - Over 50 FCS National Standards/Competencies
- Acclaimed by educators, business leaders, mentors, and parents
- Emphasis on practical, real-world application

**May they soar like eagles
and fulfill their dreams!**



Contact Information

- Available at dennistrittin.com and BTPubservices.com
- Contact: Dennis Trittin, President and CEO:
 - (920) 319-3169 (mobile)
dtrittin@dennistrittin.com
 - **(phone or email for bulk pricing)**
- Weekly e-newsletter (www.dennistrittin.com)
- [www.Facebook.com/dennistrittinfan](https://www.facebook.com/dennistrittinfan)
- [www.Twitter.com/dennistrittin](https://www.twitter.com/dennistrittin)

THANK YOU

for building the next generation of
honorable leaders.

We salute you!

LifeSmart

PUBLISHING, LLC

Empowering the Next Generation™

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