

Equip Them to *Thrive*, Not Just Survive

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LifeSmart Publishing, LLC



What I
Wish
I Knew
at **18**

**Every student has a unique
design and destiny ...**

Will they achieve it?

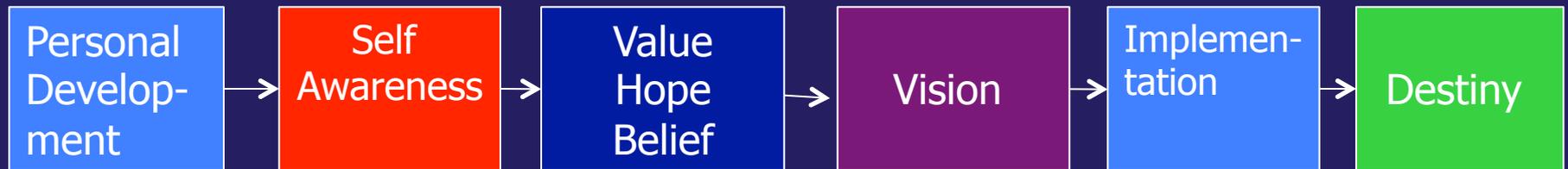


Or miss it?



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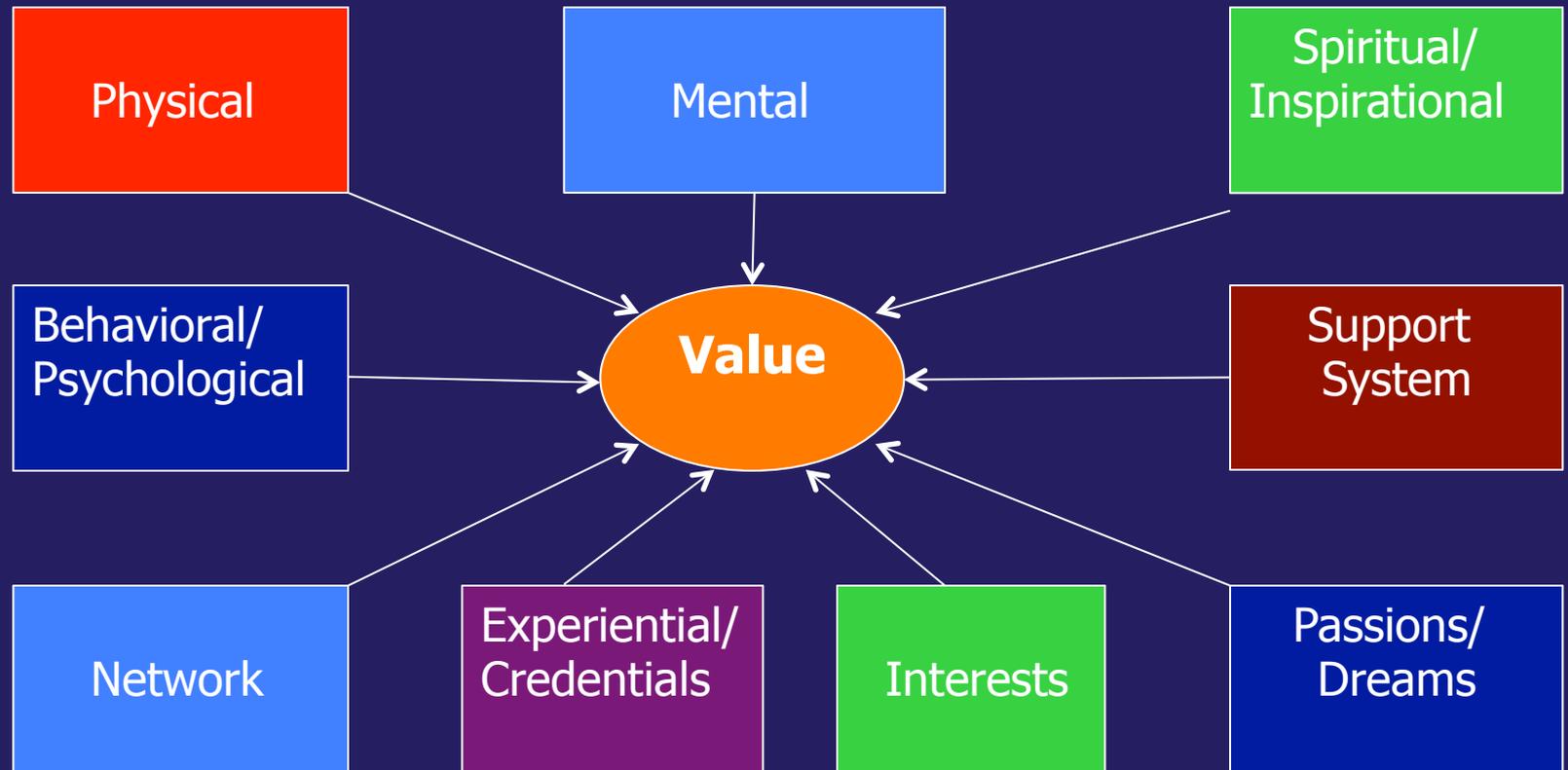
The Pathway to Destiny



Facilitating Self-Awareness



Unlocking Assets, Revealing Value



Foundational Assets

- **Physical:** strength, speed, agility, dexterity
- **Mental:** aptitude, reasoning, creativity, problem solving, intelligence, subject specific
- **Spiritual/Inspirational/Values:** moral compass, inspirational qualities, faith related
- **Behavioral:** personality, attitude, social skills, motivation, emotional intelligence

Constraints

- “Contra assets”
- Fear of failure
- Lack of self confidence and sense of worth
- Guilt, shame, and discouragement
- Abuse, neglect, unhealthy modeling
- *Remember, today’s constraint may become tomorrow’s inspirational asset!*

Mining the Treasure



http://www.dennistrittin.com/resources/PersonalBalanceSheet_05-15.pdf

Personal Balance Sheet

- Facilitates **holistic** and **objective** self discovery by identifying assets and constraints
- Helps facilitate self-discovery and inspires hope for the future
- Provides a game plan for personal growth
- Includes perspectives from self and others
- Inspirational, revelational, relevant, and fun!

Establishing a Personal Leadership Foundation





Strategic Perspective and Focus

- *Discover your purpose and inspiration*
- *Don't define success by riches*
- *Live life without regrets*
- *Diversify your life*



Character and Ethics

- *Preserve your reputation and integrity*
- *Give everything your best*
- *Embrace constructive feedback*
- *Be an encourager and always look for the best in people*



Relationships and Communication

- *First impressions are huge*
- *Be inquisitive when meeting others*
- *Connect with people who share your values and interests*
- *Steer clear of destructive people*
- *How you say it can matter more than what you say*



Personal Productivity and Discipline

- *Set and periodically assess your goals*
- *Become a masterful decision maker*
- *Time is precious—use it wisely*
- *Adversity can be preparation for greater things and often makes sense later*



Career Readiness

- *Build a winning competitive edge*
- *Learn to persuasively market yourself*
- *Build your sales force*
- *Demonstrate the qualities employers value*

College & Career Readiness

Affirmation

Life Skills

Leadership

Hope and Belief

Encouragement

Wisdom



Relationship

Modeling

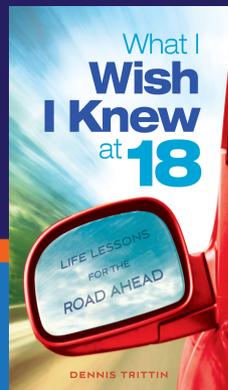
Commitment

Fun

LifeSmart Publishing, LLC

Versatile Resources for Educators, Counselors, Mentors, and Families

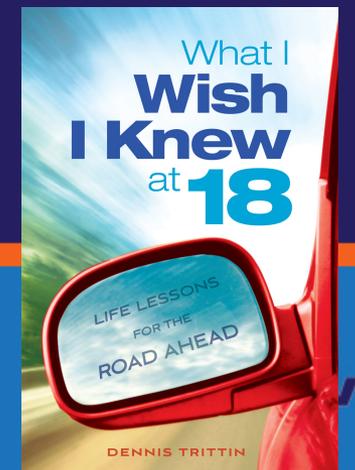
- *What I Wish I Knew at 18*: 109 success pointers for teens
- *Student Guide*: comprehensive Ldrship & Life Skills Curriculum
- *Parenting for the Launch*: Game plan and strategies to build strong relationships and position teens for life success



What I
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at **18**

A Closer Look at WIWIK@18

- Comprehensive vision for a successful launch into adulthood
- Personal leadership and life skills
- Wisdom for key decisions based on the practices of admired, successful leaders
- Relational learning supported by clinical research on what teens need to thrive
- Conversationally and universally written for young and old alike



Student Guide

Curricular Vision



Distinctions of Our Program

- Personal leadership foundation for life
- Demonstrates practices of admired, successful leaders
- Self-discovery, collaboration, application
- Practical and engaging
- Broad scope (“one stop shop”)
- Flexible (full core curriculum or supplemental)
- Fulfills 23 Search Institute’s 40 Developmental Assets[®], 14 of Key Workplace Readiness Skills (VA), and over 50 FCS National Standards/Competencies

**May they soar like eagles
and fulfill their dreams!**



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