

## Positive Values and Traits

### **HEART RELATED:**

Kindness  
Sincerity  
Compassion  
Friendliness  
Helpfulness  
Generosity  
Empathy  
Patience  
Unselfishness

### **PRODUCTIVITY RELATED:**

Reliable  
High standards  
Purposeful  
Productive  
Disciplined  
Resourceful  
Ambitious/motivated  
Decisive  
Conscientious  
Responsible  
Curious  
Objective

### **PERSONAL NATURE RELATED:**

Cheerful  
Self confident  
Positive  
Enthusiastic  
Active  
Sociable  
Good humored  
Stable  
Expressive  
Politeness  
Cooperative

### **INTEGRITY RELATED:**

Honesty  
Trustworthiness  
Honor  
Respect  
Loyalty  
Courtesy  
Tact  
Obedience  
Courage  
Self discipline  
Authenticity

### **SPIRITUALLY RELATED:**

Faith  
Gratefulness  
Perseverance  
Resilience  
Contentment  
Grace  
Purity  
Dignity  
Modesty  
Forgiveness  
Humility