

## **FACT SHEET**

### ***Parenting for the Launch: Raising Teens to Succeed in the Real World***

Authors: Dennis Trittin and Arlyn Lawrence

Publisher: LifeSmart Publishing, LLC

# Pages: 224

Size: 6" x 9"

Binding: Perfect-bound paperback

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Distributor: Atlas Books

What It's About: Comprehensive parenting guide to a successful transition into adulthood.

Themes: Empowered parenting, giving them "wings, not strings," goal setting, building a solid leadership foundation, wisdom for key life decisions, valuing their uniqueness, affirming their worth, effective communication and relationship building, recruiting positive voices, moving from the "driver's seat" to the "passenger seat," and setting up for a strong start into independence

What People Are Saying:

*"A book full of invaluable insights and practical strategies for parents"*

*"This is the book that parents of teens have been waiting for!"*

*"...filled with such great advice for how to prepare and let go when our teens don't always want to listen"*

*"Each chapter is a muscle building exercise for mothers and fathers who aspire to lead their children into becoming difference makers."*

*"Dennis and Arlyn are richly blessing the parents who read it as well as the children whose parents follow its wise counsel."*

[www.parentingforthelaunch.com](http://www.parentingforthelaunch.com)

[www.dennistrittin.com](http://www.dennistrittin.com)

*“...filled with compelling ideas for building a leadership foundation and relating to my own teenager”*